

# KOPEOPEO *has it all!*



**GENUINE FLAVOUR:**  
Kopeo Indian Restaurant and Takeaway manager Digvijay Singh and chef Pramod Singh.

## Taste of India

TRAVEL writer Barry Rosenberg has travelled the world, including at least 10 trips to India. Home in New Zealand, there's only one restaurant that satisfies his taste for authentic Indian food – Kopeo Indian Restaurant and Takeaway.

"It's the best Indian food I've had outside India," the Ohope writer says. "I eat there at least once a week. They know Indian food – the spices, the preparation – and they do it right. It's the real McCoy."

Authentic Indian cuisine is a rare find. Too often restaurants turn out a range of curries all made from the same generic, ready-made sauce.

Not at Kopeo Indian Restaurant and Takeaway. For the past two-and-a-half years, the King Street eatery has been serving classic dishes from all over India – and they're absolutely authentic, created to provide a genuine taste of India.

The chef and manager are highly experienced, having worked in 5-star establishments in India, and the owners are themselves skilled chefs. The team specialises in tandoor cooking, vegetarian food, breads and curries and has more than 50 dishes on offer. Lamb, chicken, beef and seafood are all on the menu. Dishes are prepared to suit individual preference, whether mild, medium or hot.

The restaurant aims for top quality, right down to its rice – premium Noor basmati, sourced from Pakistan and prepared in a way that removes cholesterol.

Recent additions are the highly recommended chef's specials. Muglai – from northern India – is influenced by ancient cooking traditions of the Moghul Empire. Nawabi uses a mouth-watering fusion of brown sauce, coconut cream, potato, curry leaves and mustard seeds, and the spectacular tawa originates from the Punjab area. Served on a wooden tray bearing a cast-iron sizzler plate, tawa uses butter sauce, onion, finely chopped meat and coconut fried with garlic and finished with fresh coriander. It is exquisite.

Breads include naan – with garlic or stuffed with your choice of lamb, herbs, onions, spices, potato, or dried fruit and nuts. Desserts include homemade treats

like milk dumplings, mango kulfi (made without added colour or preservative) and Kheer rice puddings, made to order. Children are welcome and there is a kids' menu.

The fully-licensed restaurant welcomes groups, and banquets are popular, particularly for Christmas functions. The Maharajah Banquet is fantastic value at \$27 per person for group bookings. It includes a generous selection of appetisers, mains, rice, naan and desserts.

Open 10.30am to 2.30pm and 4pm till late, the restaurant offers beers, wines and spirits and is BYO licensed. Delivery is available, including to Ohope, Coastlands and Awakeri, and there is no surcharge on public holidays.

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Open 7 days

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## Kopeo

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## Iwi sporting challenge

ORGANISERS are expecting more than 3000 people to take part in this year's Mataatua Iwi Challenge.

The event begins this weekend at Tataiahape Marae in Waimana with a three day pig hunting competition, which began yesterday, and an opening day tomorrow.

The Iwi Challenge continues until November 6, with 22 sporting events and activities being held around the Mataatua region. Individuals and teams have the opportunity to win points for their iwi to earn bragging rights as "best iwi" for the next year.

Last year's winner was Tuhoe.

The sports included in the competition are hockey, waka ama, table tennis, tennis, netball, golf, league, seven-a-side rugby, outdoor bowls and basketball as well as four new sports this year athletics, badminton, president's rugby,

and squash.

Other activities are outdoor hiko, iwi jam, zumba, line dancing, historical hiko, and kaumatua and adaptive hakinakina (sport).

This weekend's pig hunting will culminate with a weigh in at Tataiahape Marae tomorrow. Along with pig hunting there is also a possum hunting section of the competition for children.

Spot prizes will be up for grabs and there will also be 50 iwi points for each person who attends the opening ceremony.

Teams can be submitted from Tauranga Moana, Ngati Rangitih, Tuwharetoa ki Kawerau, Whakatohea, Tuhoe Ruatoki-Waiohau, Tuhoe Waimana-Ruatuhuna, Te Whanau a Apanui, Ngai Tai, Ngati Manawa, Ngati Pukeko, Ngati Awa ki Rangataiki and Ngati Awa ki Whakatane.

**Mataatua Iwi Challenge**  
**September 17 to November 6, 2010**  
*First 5 up and coming SPORTS ACTIVITIES/EVENTS*

**September 17 to 19:** Open Pig Hunting & Tamariki Possum Competition  
**Monday, September 20:** Hockey - Whakatane Turf  
**Saturday, September 25:** Rugby League (Tamariki Competition) - Whakatane Rugby Park  
**Saturday, September 25:** Presidents Rugby - Te Teko Rugby Club  
**Sunday, September 26:** Badminton - Whakatane Sports Stadium

**Contact Mataatua Sports Trust for more details:**  
**Office ph (07) 308 4510**

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